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| **Skills Developed** | **Challenge** | **Action taken** | **Results** | **Self-reflection/ Key takeaway** |
| **Adaptability**  (e.g challenge faced in an internship; situation where you handled a lot of pressure; time you failed) | After completion of graduation I did internship in technical feild where I got the project to make speed control of fan. This one was first challenge I got. Where I have to deal with practical things and I had only therotical knowledge that time. By applying my therotical knowledge I trying to do connection but I failed to do. | Then I took help from seniors who are already work in that company and they clarified me how to deal with practical things.  After that I try to reassembled the connections and finally it successfully worked | Because of the seniors I adopted more knowledge about practical things and finally it resulted in speed control of fan | Try to leran new things and on the basis of try to find out solutions on any problems |
| **Analytical**  (e.g project where you had to perform detailed research and analysis) | I got the project in my internship. I researched on internet what the data are require for project and anyalised what the approach of problem and found strategy, solution for project | Seniors suggested me and I lerant from them how to figured out problems and how to deal with practical machines. Due to this I strenghting my knowledge.  On the basis of practical knowledge I tried to built connections of speed control fan it took aprox 1 week to solved the problem what I faced in project | And by taking an action it resulted in three speed control(low, medium and high) And finally I succussed to built speed control of fan | Critical thinking ability is more important to solve any problems |
| **Communication**  (e.g convince someone of your idea, present complex information, get your point across) | After completion of project I faced with presentation where I haved to put my point, but I wasn’t able to speak one word of english. I try my best to explain my idea but I failed | I started working on my communication skills by reading english news papers. | When I got second chance to prove myself I tried to explain my idea clearly and finally I passed second round of presentation | Learn from failures |
| **Initiative**  (e.g stepped up to a challenge, identified a problem and took action to solve it, did something even though not your responsibility) | In my college time our college mentor made a team of 9 members for major project after completion of project we have to describes about project infront of mentors and nobody took initiative | Then I decided to take initiative and tried to described about project where we faced challenge and how we overcome the problems that we are faced during doing of project | Resulted with better grade we got. And by taking an action other members are also got idea about how to face challanges | Confidence is very important |
| **Skills Developed** | **Challenge** | **Action taken** | **Results** | **Self-reflection/ Key takeaway** |
| **Leadership**  (e.g coordinated several people to achieve a goal, led a group but not successful) | In my college there was a science fest. We are 4 members included to oraganise the program and I was in organizing committee and we to manage all science fest competition but we do find some chaos participant where not able to find there spot | We did plan and we controlled all the events kept ourself calm and handle the situation very carefully | And finally our science fest goes nicely | Handle situation in worst case also |
| **Planning & Organization**  (e.g overcame a tight timeline, handled multiple responsibilities, manage your time and prioritize tasks) | We had our college fest to organize but mentor had made some student organizing members including me so, other students did’nt get chance. | We talk to them we ensure them that next time you will get chance to be work for fest. | Finally positive outcome we get and college fest goes smoothly | Try to handle situation without disturbing planed organization |
| **Problem-solving skills**  (e.g talk about a problem/obstacles faced to reach a goal and how you solved it) | In my college time there was a campus recruitment and in that the first round is aptitude test and I was unable to crack the test | After this failure I started to work on my weak skill | I improved my skill and I crack the preliminary of competitative exam | Learn from failures |
| **Teamwork**  (e.g when you worked on a team to achieve a goal; conflict faced when working on a team; working with a team member not cooperative) | In my college time our college mentor make a team of 9 members for major project but in between we are faced with so many difficulties in doing project | We were research about projrct on internet try to find solution. | Our project was successfully worked after taking an action | Never give up |